

Our Commitment to Breastfeeding

As a Baby Friendly Hospital we support and encourage breastfeeding.

Our breast feeding policy is:

1. Our staff are guided by a comprehensive breastfeeding policy that supports the Ten Steps to Successful Breastfeeding.
2. Our education program provides staff with up-to-date information on breastfeeding.
3. We provide opportunities during pregnancy and following birth for parents to learn about breastfeeding.
4. We encourage mothers to hold their babies with skin to skin contact immediately after birth and help parents recognise the cues that demonstrate when the baby is ready to feed.
5. We provide assistance with breastfeeding and show mothers how to express milk when they are separated from their baby.
6. Babies of breastfeeding mothers will only be given breastmilk, unless there is a medical reason.
7. We encourage mothers to be together with their baby at all times to help form close bonds and to allow early response to baby's needs.
8. We encourage mothers to feed the baby in response to baby feeding cues.
9. We discourage the use of dummies and teats as they can interfere with establishing breastfeeding. Different sucking techniques used in each instance can confuse the baby.
10. We will provide you with information about your community support for breastfeeding.

A full copy of our Breastfeeding Policy is available on request

