

Baby's Cues

little
People caring for people



Response to baby's early feeding cues will reduce episodes of crying and distress.



Awake and quiet, making soft sounds, beginning to move.

We suggest you prepare for feeding during this quiet period when baby is waking and beginning to move.



Beginning to search - moving head from side to side and moving hands



Baby is now active making sounds, beginning to fuss and moving head and hands and searching for food.

Feeding should commence now!



Baby is now very hungry and soon will become agitated and distressed if his needs are not met.



Crying! – too late!

Crying is a late cue. Baby becomes agitated and will need to be cuddled, calmed and soothed before feeding commences.

Early response to baby's needs may result in less episodes of crying overall and a baby that is not conditioned to cry for feeds.

During a 24 hour period a newborn baby may need to feed up to 12 times.